Emergency Food Boxes, Soup Kitchens & Pantries					
Agency	Address	Phone #	Services	Hours	
City/Central Region: Camelback, Central, Metro Tech & North					
St. Mary's Food Bank	2831 N. 31 <sup>st</sup> Ave Phoenix, 85009	602-242-3663	Emergency food boxes provided. You may need to provide proof of address	8:00 am – 4:00 pm	
Andre House	213 S. 11th Ave Phoenix, 85007	602-252-9023	Soup Kitchen. Walk-in welcome. No referral required.	Mon - Th 5:30-6:30 Sat - Sun 7:00 am	
Desert Christian Fellowship	1445 W. Northern Ave Phoenix, 85021	602-861-4008	Food boxes provided on Sundays. Walk-ins served. No referral required. Mobile pantry is offered on the 3 <sup>rd</sup> Friday of each month. Mobile pantries offer free fresh produce	Sun 8 – 9 am Fri 7 9 (3rd Fri only)	
Desert Mission Food Bank	9229 N. 4th St. Phoenix, 85020	602-870-6062	Food boxes provided. Walk-in welcome. No referral required. Proof of address required	M-T-Th 8:30 am - 4 Wed 8:30 am - 5:30 Fri 8:30 am - 2:30	
Neighborhood Ministries	1918 W. Van Buren St Phoenix, 85009	602-252-5225	Food boxes provided. Walk-in welcome. No referral required. Proof of address required. A Clothing bank and other support services available	Fri 9:30 - 11am	
Cultural Cup Food Bank	342 E. Thomas Rd Phoenix, 85012	602-243-1773	Food boxes provided. Walk-in welcome. No referral required. Proof of address required	Tues - Th 9am-1:45	
South Region: Academies at So	uth, Betty Fairfax & Ce	sar Chavez			
Phoenix Rescue Mission	1801 S. 35th Ave Phoenix, 85009	602-233-3000	Soup kitchen. Walk-ins welcome. No referral required. Breakfast, lunch and dinner provided Monday – Friday. Breakfast, lunch, dinner and snacks also provided Saturday and Sunday 8-9 am / 1 – 2 pm / 4:30 pm	M-F 6:30-8 (Brkfst) M-F 11:30-1 (Lunch) M- F 4:30-6 (Dinner)	
Black Family & Child Services	1522 E. Southern Phoenix, 85040	602-243-1773	Food distribution on Thursday to approved households based on required referral. Call for appointment	Appointment Needed	
Salvation Army	2707 E. Van Buren Phoenix, 85008	602-267-4122	Food boxes provided. Walk-in welcome. No referral required. Proof of address required. Other emergency support services are provided i.e. Utility assistance, shelter, referrals	M-F 8am - 12:00 pm	

Agency	Address	Phone #	Services	Hours
ICM Food & Clothing Bank	501 S. 9th Ave Phoenix, 85007	602-254-7450	Food boxes provided. Walk-in welcome. No referral required. Proof of address required. Clothing, toiletries, baby formula and diapers provided.	M-Sat 9am - 11am
Under God Ministries	4223 S. 7th St Phoenix, 85040	602-803-0890	Food boxes provided. Walk-ins welcome. No referral required.	T - Th 5pm - 8pm W 10am - 1pm
West Region: Alhambra, Carl Ha	<u> </u>			
St. Mary's Food Bank	2831 N. 31 <sup>st</sup> Ave Phoenix, 85009	602-242-3663	Emergency food boxes provided. You may need to provide proof of address	8:00 am – 4:00 pm
First Southern Baptist Church	3100 W. Camelback Rd Phoenix, 85017	602-242-6140	Food boxes provided. Walk-in welcome. No referral required. Proof of address required	Wed 9am - 11am
Hope for Hunger Food Bank	5605 N. 55th Ave Glendale, 85301	602-773-4344	Food boxes provided. Walk-in welcome. No referral required. Proof of address required	M-Th 8am - 12pm
			nild Care Resources	
City/Central Region: Camelback	x, Central, Metro Tech &			
Lincoln Family Downtown YMCA	350 N. 1st Ave Phoenix, 85003	602-404-9622	Teen leadership programs, youth workforce, exercise & swim facility	M-F 5am - 9pm Sat-Sun 9am - 7pm
Christown-YMA	5517 N. 17th Ave Phoenix, 85015	602-242-7717	Teen leadership programs, youth workforce, exercise & swim facility	M-F 5am - 9pm Sat-Sun 9am - 7pm
Boys & Girls Club: Harry & Sandy Rosenweig branch	2242 W. Missouri Phoenix, 85015	602-249-1338	Unique mix of opportunities for kids & teens, including leadership development, activities, etc. Free breakst and lunch available and extended hours are in place during school closures.	M-T-TH 2:45 - 8pm W 12pm-8pm & F 2:45 - 6pm
Eastlake, City of Phx Youth Center	1549 E. Jefferson St Phoenix, 85034	602-262-6759	Programs include educational/tutorial classes, recreational programs and activities, and enrichment programs. Specific centers are youth focused while some centers provide programming and classes for all age groups	9am - 6pm
Longview, City of Phx Youth Center	4040 N. 14th St Phoenix, 85014	602-534-6570	Programs include recreational programs and activities, and enrichment programs. Specific centers are youth focused while some centers provide programming and classes for all age groups	9am - 6pm

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South Region: Academies at Sou				
South Phoenix Youth Center	5245 S. 7th St Phoenix, 850040	602-256-3230	Programs include educational/tutorial classes, recreational programs and activities, and enrichment programs. Specific centers are youth focused while some centers provide programming and classes for all age groups	9am - 6pm
Boys & Girls Club: Warner A. Gabriel	1330 N. 15th St Phoenix, 85006	602-252-7968	Unique mix of opportunities for kids & teens, including leadership development, activities, etc. Free breakst and lunch available and extended hours are in place during school closures.	M-T-TH 3pm-8pm W 1pm -8pm F 3p-6pm
Boys & Girls Club: MLB All-Star D-backs	548 W. Southern Ave Phoenix, 85041	602-268-3486	Unique mix of opportunities for kids & teens, including leadership development, activities, etc. Free breakst and lunch available and extended hours are in place during school closures.	M-T-W-Th 2:30-8pm / F 12:30 - 6pm
West Region: Alhambra, Carl Ha	yden, Maryvale & Tre	vor Browne		1
Maryvale YMCA	3825 N. 67th Ave Phoenix, 85033	623-873-9622	Programs include educational/tutorial classes, recreational programs and activities, and enrichment programs. Specific centers are youth focused while some centers provide programming and classes for all age groups	5am - 9pm
Maryvale, City of Phx Youth Center	4420 N. 51st Ave Phoenix, 85031	602-262-5030	Programs include recreational programs and activities, and enrichment programs. Specific centers are youth focused while some centers provide programming and classes for all age groups	9am - 6pm
Boys Girls Club: Jerry Colangelo	1755 N. 34th Ave Phoenix, 85009	602-424-0410	Unique mix of opportunities for kids & teens, including leadership development, activities, etc. Free breakst and lunch available and extended hours are in place during school closures.	M-T-W 2:30pm-8pm Th 1pm-8pm & F 2:30-6pm
Boys & Girls Club: Harry & Sandy Rosenweig branch	2242 W. Missouri Phoenix, 85015	602-249-1338	Unique mix of opportunities for kids & teens, including leadership development, activities, etc. Free breakst and lunch available and extended hours are in place during school closures.	M-T-TH 2:45 - 8pm W 12pm-8pm & F 2:45 - 6pm

Agency	Address	Phone #	Services	Hours
Family Resource & Community Service Centers				
City/Central Region: Camelback,	Central, Metro Tech &	k North		
Sunnyslope Family Services Center	914 W. Hatcher Rd Phoenix, 85021	602-495-5229	Multipurpose center offers rent and mortgage payment assistance, and utility assistance for electric, natural gas and City of Phoenix water bills. Call Mondays at 8:00 am for appointments. To schedule an emergency assistance appointment, call 602-534-2433 or 1-866-882-1778	M-F 7:30 - 5pm
South Region: Academies at Sou		sar Chavez		
Travis L Williams Family Services Center	4732 S. Central Ave Phoenix, 85040	602-534-4732	Multipurpose center offers rent and mortgage payment assistance, and utility assistance for electric, natural gas and City of Phoenix water bills. Call Mondays at 8:00 am for appointments. To schedule an emergency assistance appointment, call 602-534-2433 or 1-866-882-1778	M-F 7:30 - 5pm
Gila River Community Center	5230 W. St. Johns Rd Laveen, 85339	520-562-9694	A vital part of the social safety net that makes the Gila River Indian Community a caring community. They manage and deliver financial and social supports and work directly with and through the community and government partners to ensure the services delivered are appropriate, effective and accessible.	M-F 8am - 5pm
West Region: Alhambra, Carl Hay				
John F. Long Family Resource Center	3454 N. 51st Ave Phoenix, 85031	602-262-6510	Multipurpose center offers rent and mortgage payment assistance, and utility assistance for electric, natural gas and City of Phoenix water bills. Call Mondays at 8:00 am for appointments. To schedule an emergency assistance appointment, call 602-534-2433 or 1-866-882-1778	M-F 7:30 - 5pm

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Community Information & Referral, Hotline Numbers, etc.						
Find Help Phoenix	www.findhelpphx.org	An on-line direct categories of set help, affordable website is also a	24 hours			
2-1-1 Arizona Dial 211	www.211arizona.org	Arizona 2-1-1 is a provides 24 hou Information is a housing, etc.	24 hours			
Teen Lifeline	602-248-8336 (TEEN)	Peer Counseling suicide hotline		3:00 pm - 9:00 pm		
Suicide Prevention Hotline	1-800-273-8255 (TALK)	Experienced crisis counselors are waiting to take your call		24 hours		
Substance Abuse Treatment Hotline	1-800-662-4357 (HELP)	Experienced Substance Abuse Counselors are waiting to take your call		24 hours		
Central Arizona Shelter Services	602-595-8700 - families 602-759-5356 - adults w		CASS provides shelter and supportive services to men, women and children experiencing homelessness.	24 hours		
National Domestic Violence Hotline	1-800-799-7233	Advocates are standing by to help victims, survivors of domestic violence		24 hours		
Domestic Violence Shelters	www.domesticshelters.org	Search by zip code for a shelter near you		24 hours		